



**ADARA**  
HOLISTIC BEAUTY CORFU

**“ADARA’S PHILOSOPHY IS TO SEAMLESSLY UNITE EXPERT LUXURY SPA THERAPIES,  
THE PUREST AND MOST EFFECTIVE NATURAL HANDMADE PRODUCTS AND  
HEALING HOLISTIC ENERGIES. TO RELAX, REPAIR AND REJUVENATE MIND BODY AND SPIRIT.  
ALLOW US TO CREATE THE ULTIMATE IN-VILLA SPA AND INDULGE  
IN OUR EUPHORIC AND UNIQUE THERAPIES”.**

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# HOLISTIC BODY MASSAGE

## HEALING, BESPOKE, INDULGENT MASSAGE WITH OUR PURE ORGANIC HANDMADE OIL BLENDS

OUR SIGNATURE MASSAGE INCORPORATES A VARIETY OF TECHNIQUES TO STIMULATE CIRCULATION, PRESSURE POINT LYMPHATIC DRAINAGE, DEEP SPORTS THERAPY FOR KNOTS AND TENSION, THAI AND SWEDISH TECHNIQUES COMBINE TO TREAT ALL FATIGUE, ACHES & PAINS. HEALING AND ENERGY WORK FOCUS ON YOUR SPIRITUAL AND ENERGETIC EQUILIBRIUM DELIVERING THE ULTIMATE BESPOKE TAILOR-MADE REPAIRING, REJUVENATING, SUBLIMELY RELAXING AND INDULGENT FULL BODY THERAPY.

<b>BACK, NECK &amp; SHOULDERS -</b>	<b>30 mins</b>	<b>€60</b>
<b>FULL BODY -</b>	<b>60 mins</b>	<b>€120</b>
<b>FULL BODY, FACE &amp; SCALP -</b>	<b>90 mins</b>	<b>€160</b>

# HOLISTIC FACIAL THERAPY

**REJUVENATING & NOURISHING -** **60 mins** **€120**  
PURE SKIN NOURISHING PLANT OILS. APRICOT, SUNFLOWER & CALENDULA COMBINE WITH LAVENDER & ROSE TO REVITALISE, WHILE PATCHOULI & FRANKINCENSE REJUVENATE THE SKIN & UPLIFT YOUR SPIRIT LEAVING A RADIANT, SUPPLE COMPLEXION.

**CLARIFYING & BALANCING -** **60 mins** **€120**  
LEMON BALM GENTLY CLEANSES & PURIFIES THE SKIN WITHOUT STRIPPING ESSENTIAL MOISTURE. REDUCING BREAKOUTS WHILE GENTLY REPAIRING ANY SKIN DAMAGE WITH A BLEND OF ROSE, ORANGE BLOSSOM, GERANIUM & CALENDULA. SOOTHING, REPAIRING & CLARIFYING. LEAVING THE SKIN FEELING REVITALISED.

**REPAIRING & FIRMING -** **60 mins** **€120**  
A RICH DEEPLY NURTURING FIRMING HOLISTIC FACIAL. ORGANIC PLANT OILS, ROSE HIP SEED, BORAGE, ARGAN & AVOCADO COMBINE WITH DIVINELY SCENTED ROSE, FRANKINCENSE & GERANIUM TO REPAIR, RENEW & FIRM THE COMPLEXION. PURE LUXURY.

# SPA HAND & FEET

ADARA HAS CREATED THE ULTIMATE INDULGENT NURTURING THERAPIES FOR YOUR HANDS & FEET

<b>SPA MANICURE -</b>	<b>45 mins</b>	<b>€60</b>
<b>SPA PEDICURE -</b>	<b>70 mins</b>	<b>€90</b>

# CHAKRA REBALANCE

**UPON THERAPIST AVAILABILITY -** **60 mins** **€140**  
A BESPOKE THERAPY STARTING WITH SOAKING THE FEET IN A DIVINE BLEND OF CALENDULA, YLANG YLANG, GERANIUM AND CLARY SAGE ADARAS SIGNATURE SCENT/BLEND. THE FEET AND LOWER LEG ARE THEN MASSAGED WITH OUR ORGANIC HANDMADE MASSAGE BALM COMBINING HANDS AND CRYSTALS. HEALING AND ENERGY BALANCING ALIGN THE 7 MAIN CHAKRAS AND THE TREATMENT IS CONTINUED ON THE FACE CHEST/DÉCOLLETÉ SCALP/HEAD.

# COUPLES MASSAGE BY ADARA

THE ULTIMATE IN INDULGENT RELAXATION WITH A LOVED ONE OR BEST FRIEND. WITH EACH OF YOUR SKILLED ADARA THERAPISTS, OUR 70 MINUTE FULL BODY, FACE AND SCALP MASSAGE IS THE PERFECT ADDITION TO YOUR LUXURY STAY ON THIS GLORIOUS ISLAND.

<b>BODY, FACE &amp; SCALP -</b>	<b>70 mins</b>	<b>€260</b>
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**TO BOOK PLEASE CONTACT**

**DEMELZA LE-VEQUE**

+30 698 631 4375

+44 7849 930 555



[info@adaraholisticbeautycorfu.com](mailto:info@adaraholisticbeautycorfu.com)



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